



BRIDGNORTH SIXTH FORM

BTEC Level 3 Extended

Certificate in Health and Social Care

Information and Detail on Units

Unit 1 – Human Lifespan Development

This content will serve as an introduction to health and social care needs and will sit at the heart of the qualification.

- Knowledge and understanding of patterns of human growth and development – covering physical, intellectual, emotional and social development across the human lifespan.
- Learn about factors that can influence human growth, development and human health – genetic, environmental, social and financial factors.
- Learn about a number of theories and models to explain and interpret human behaviour.
- Explore the impact of predictable and unpredictable life events and recognise how they impact on individuals.
- Study the interaction between the physical and psychological factors of the ageing process, and how this affects confidence and self-esteem.



Unit 2 – Working in Health and Social Care

This unit will cover the skills and explore what it is like to work in the health and social care sector.

- To help understand the range of roles and responsibilities of people who work in health and social care settings and the organisations. These include maintaining the safety and safeguarding individuals with health and social care needs, handle personal information correctly and preventing discrimination.
- To explore the range of health and social care settings that aim to meet individuals' different needs.
- Learn about the regulatory bodies that represent people who work in health and social care – such as The Nursing and Midwifery Council and The General Medical Council.
- Learn about the ways the services are provided e.g. and about the barriers that can prevent people from getting the services they need.
- Learn about working with people with specific needs, including ill health, learning disabilities, physical and sensory disabilities, and the needs of people who occupy different age categories.



Unit 4 – Enquiries into Current Research in Health and Social Care

Effective research skills will help you progress to employment in the health and social care sector and to a variety of higher education programmes, where research often forms part of the programme. This unit explores the methodologies of contemporary research and investigates the implications for health and social care practice and services.



- Different research methods that can be used to gather information and the ethical issues that need to be considered.
- Review research carried out in a contemporary issue in the sector.
- Develop skills that will enable you to carry out your own secondary research into the issue. You will consider how the research findings may benefit service users and improve practice and make recommendations for further research.



Unit 5 – Meeting Individual Care and Support Needs

This unit will be useful if you are intending to pursue a career in social care or healthcare. It will also be invaluable if you wish to progress to higher education, to degrees in areas such as health and social care management, social work or nursing.

- Learn about the values and principles of meeting care and support needs such as equality, diversity, preventing discrimination and empathy skills.
- Explore ethical issues that arise when personalising care.
- Examine factors that can impact the professionals who provide the care and support such as personalisation and communication techniques. Exploring challenges that must be overcome to allow access to good quality care and health services.
- Investigate the roles of professionals and exploring how professionals and agencies work together to provide the care and support necessary to meet individual needs. By studying the role of a multidisciplinary team, maintaining confidentiality and managing information.

Unit 7 – Principles of Safe Practice in Health and Social Care

This unit provides essential knowledge and understanding and forms a good basis for aspects of higher education study in health and social work courses and nursing qualifications. It will also prepare you for work in the health and social work sector in a variety of roles. You will explore the importance of safe working practices, safeguarding procedures and responding to emergency situations in health and social care settings.

- Develop your knowledge and understanding of the key principles relating to safeguarding vulnerable individuals, promoting health and safety, and responding to different situations and emergency incidents in health and social care settings.



- Learn about the professional responsibilities for maintaining safe practice.
- You will explore the legal duty of care and the importance of legislation, policies and procedures in protecting individuals from harm and neglect that service users can experience and learn how to recognise and respond to concerns about abuse and neglect in health and social care settings.
- Explore procedures and responsibilities to maintain health and safety in health and social care settings.

Unit 8 – Promoting Public Health

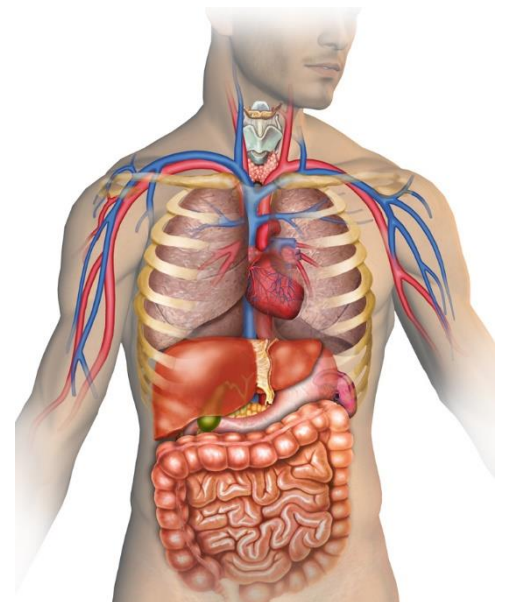
This unit will prepare you for progression to higher education, to health-related degrees in areas such as nursing or occupational therapy, or to social work degrees. You will explore the aims of public health policy and the current approaches to promoting and protecting health and encouraging behaviour change in the population.

- Explore how patterns of health and ill health of the population are monitored and how this leads to the development of public health policy.
- Consider factors affecting health locally and nationally. Along with consider different methods of promoting and protecting public health.
- Learn about the barriers to be overcome with promoting public health and ways of making people aware of public health issues.
- Gain a greater understanding of how healthcare professionals and government agencies use public health initiatives to encourage individuals to change their behaviour in relation to their health.

Unit 14 – Physiological Disorders and their Care

This unit will form a good basis for higher education study in health and social work courses and nursing, midwifery, physiotherapy and occupational therapy qualifications. The information and activities will also help to prepare you for a variety of careers within the health and social care sector. You will explore types of physiological disorders, the procedures for diagnosis, and the development of a treatment plan and provision of support for service users.

- Learn about the signs and symptoms of physiological disorders and how they are investigated and diagnosed.
- Different types of treatment and support available for individual service users, including surgery, rehabilitation and complementary therapies.
- Create a treatment plan for a service user with a specific physiological disorder to help understand the treatment and support strategies involved, the contributions of different professionals and the importance of providing individualised care.



Unit 19 – Nutritional Health

This unit will prepare you for a variety of careers in the health and social care sector, such as dietitians, nutrition consultants and nutrition educators. This unit will form a good basis for aspects of higher education study in social work courses and nursing qualifications. You will explore concepts of nutritional health and influences on dietary intake and learn how to assess and improve health through nutrition plans for individuals.



- Learn about the nutritional value of food and the dietary sources and function of different nutrients in the body.
- Learn about the individual dietary needs, dietary recommendations and the factors that can influence nutritional health, such as lifestyle choices, education and culture.
- Examine health factors that can affect nutrition, including medical conditions, digestive disorders, and food allergies and intolerance.
- Develop practical skills in promoting nutritional health through the creation of a nutritional health improvement plan.

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