**A1-A3 Application to Case Study**

Jayne is 22 years old and has recently been diagnosed with bipolar. She is at university studying psychology, but has suffered many relapses meaning she has fallen behind and is unable to take his exams.

She has a counsellor at university she sees every Friday and has to go to her local GP every other day to take her medication. Her GP however cannot change her medication dosage and has to send her to the hospital to see the psychologist in her local mental health ward for this to be authorised; due to being newly diagnosed.

Over the last 3 weeks Jayne has been sectioned 4 times by crisis, due to her friends at university becoming concerned and finding evidence of suicide attempts. Recently Jayne has created a crisis plan with her psychologist in order to reduce her anxiety and give her the support she needs.

***Answer the following questions in your revision book:***

1. **Define** the mental health issue bipolar*? (2 marks)*
2. **Identify** the immediate and long term effects of bipolar? *(6 marks)*
3. **Explain** how the Mental Health Act and Equality Act support Jayne in continuing her studies at university. *(6 marks)*
4. **Identify** as many health professionals or agencies who could be involved in the care of Jayne with her bipolar. *(6 marks)*
5. **Explain** the purpose the University Counsellor will have in empowering Jayne *(4 marks)*
6. **Explain** 2 roles and 2 responsibilities the GP has in providing care for Jayne specifically *(4 marks)*
7. **Discuss** the importance of having a psychologist in medicating Jayne in the early stages of her diagnosis of bipolar? *(2 marks)*
8. **Justify** the purpose of a crisis team in mental health coordination *(8 marks)*

***Total marks 38***

**A1-A3 Application to Case Study**

*Johan is 40 years old and recently suffered a stroke. Johan currently requires support in his mobility as he is in a wheelchair and requires daily support from district nurses during the day, whilst his wife is at work. He also visits the local hospital for physiotherapy sessions twice a week as well as an occupational therapist every Friday.*

*He is very emotionally vulnerable and becomes angry and often aggressive with the nurses as he feels he isn’t making much progress. One nurse stated that “he needs to get used to the fact he is disabled and accept he will never be ‘normal’ again”. Johan felt this was not very professional and made a complaint to social services who provided the support.*

***Answer the following questions in your revision book:***

1. **Define** the term stroke*? (2 marks)*
2. **Identify** the physical support Johan may require on a daily basis *(4 marks)*
3. **Explain** how the Mental Health Act and Equality Act support Jayne in continuing her studies at university. *(6 marks)*
4. **Identify** as many health professionals or agencies who could be involved in the care of Johan with his stroke. *(6 marks)*
5. **Explain** the purpose the District Nurse will have in empowering Johan *(4 marks)*
6. **Discuss** the responsibilities health professionals have to help reach his goals *(8 marks)*
7. **Explain** the responsibilities an occupational therapist would have when working with Johan *(6 marks)*
8. **Explain** why Johan’s GP may advice Johan to go to support group *(4 marks)*

***Total marks 40***

**A1-A3 Application to Case Study**

*Stuart is 84 and lives with his daughter Jenna who her two children. Jenna is Stuart’s main carer since her mother passed away 5 years ago. Stuart has been diagnosed with Dementia and is deteriorating rapidly, but Jenna does not want him to go into a home.*

*Stuart is often confused and unsteady on his feet; meaning her requires physical and emotional support from his daughter on a daily basis. Stuart has recently been taken to hospital as he had an accident when trying to make a cup of tea, scalding himself.*

***Answer the following questions in your revision book:***

1. **Describe**  the short and long term impacts of Dementia *(4 marks)*
2. **Identify** the physical needs which might be assessed*? (2 marks)*
3. **Describe**  two professional skills which may be used when dealing with someone like Stuart *(4 marks)*
4. **Discuss** how a multidisciplinary team could effectively support Stuart and Jenna. *(6 marks)*
5. **Explain** the roles and responsibilities social workers would have in Stuart’s situation. *(6 marks)*
6. **Discuss**  the importance of creating a care plan to best support Stuart *(8 marks)*
7. **Explain** why it is important to empower Stuart when providing care and supporting him *(4 marks)*
8. Discuss the professional support Jenna can receive to improve her own wellbeing. *(6 marks)*

***Total marks 40***