**Extended Certificate/National Diploma**

**Health & Social Care Summer Work**

**Unit 1 Human Lifespan Development**

Health and social care practitioners need to develop a knowledge base for working with people in every stage of their lives, and they need to know how their own experiences relate to health and wellbeing. Although it is generally accepted that there may be deterioration in health with age following adulthood, medical intervention means people are living longer and have better life prospects.

**Topic A: Human growth and development through the life stages**

**Task 1**: Word Glossary - Define the following terms:

* Growth
* Development
* Developmental norms
* Developmental milestones
* Life course
* Maturation
* Life expectancy

**Task 2**: Identify and describe **4 areas** of development and life stages

Resource Links: 8 Stages of Development by Erik Erikson <https://www.youtube.com/watch?v=aYCBdZLCDBQ>

**Topic B: Intellectual development across the life stages**

**Task 3:** Identify the role of the Piaget Model and Chomsky Model used in assessinginfancy and early childhood growth in intellectual and language skills.



**Resources Links:** Piaget’s Theory <https://www.youtube.com/watch?v=IhcgYgx7aAA>

Chomsky Model <https://www.youtube.com/watch?v=7Cgpfw4z8cw>